





# Research Ethics Committee

## Standard Operating Procedure Manual



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	Research Ethics Committee CINEC Campus	
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	Research Ethics Committee CINEC Campus	
	<b>SOP – 01 -Functions of CINEC REC</b>  2026 Version 2  Effective Date: 01 January 2026	

## 1. Purpose

The Research Ethics Committee (REC), CINE campus is established to safeguard the rights and safety of all human subjects participating in biomedical research; and to promote standards of human research through ethical, efficient and effective review and monitoring processes in accordance with the guidelines of the Forum of Ethics Review Committees in Sri Lanka (FERCSL Guidelines)

## 2. Detailed instructions:

### Scope of Responsibilities:

#### 2.1. REC, CINEC shall

1. provide oversight on all matters relating to ethics of research projects involving human subjects.
2. ensure that the fundamental principles of research viz. autonomy, beneficence, non-maleficence and justice are adhered to in research involving human subjects.
3. provide independent, competent, timely ethics review and monitoring of research projects involving human subjects.

2.2. The CINEC REC shall review only research proposals submitted by students faculty staff and the REC, accept as valid, an ethics approval given by the REC/IRB of another institution, for the purpose of approving the commencement of a project. The REC may review research proposals from researchers outside the CINEC provided following factors.

- i. the role of the REC in providing ethics approval and monitoring of the research



- ii. the role of the institution to which the researcher is accredited in giving approval for the research to be conducted within its premises;
- iii. a statement that the institution to which the researcher is accredited bears responsibility for liabilities arising from the conduct of research.

2.3. All applications will be subject to a handling fee as decided by the Board of Management of CINEC.

2.4. The CINEC REC will review research protocols in accordance with the guidelines of the Forum of Ethics review committees in Sri Lanka (FERCSL) and REC, shall seek advice from another REC and/or an external reviewer if the committee lacks the expertise among its members to review specific subject or technical areas

2.5. The 'human research projects' include, but are not limited to, research involving pharmaceuticals, medical devices, medical radiation and imaging, surgical procedures, biological samples, medical records and clinical databases, as well as epidemiological, social and psychological investigations using human subjects.

2.6. CINEC REC shall not function as a committee funding research and approving research grants



	Research Ethics Committee CINEC Campus	
	<b>SOP – 02: Membership composition of CINEC REC</b>  2026 Version 2 Effective Date: 01 January 2026	

## 1. Purpose

To describe the membership composition of the CINEC REC

## 2. Detailed instructions

- 2.1. The composition of the CINEC REC shall be in accordance with the FERCSL Guidelines.
- 2.2. The committee will comprise ten (10) members.
- 2.3. Members shall be appointed to ensure that CINEC REC has the expertise required to assess the applications submitted to it for consideration.
- 2.4. Membership of the CINEC REC will be constituted as follows:
  - 2.4.1. Medical members. Both clinicians and non-clinicians will be included.
  - 2.4.2 Non-medical scientists.
  - 2.4.3. Legal member.
  - 2.4.4. Lay members.
- 2.5. The committee elect its chairperson from among its members
- 2.6. Research Ethics Committee members shall be appointed by the CINEC research committee.
- 2.7. Where required, the REC may seek advice and assistance from appropriate independent external reviewers to assist with the review of a proposal. Such person(s) shall be required to provide an undertaking of confidentiality and shall not be entitled to vote on any matter

	Research Ethics Committee CINEC Campus	
	<p><b>SOP – 03 Appointment of REC members</b></p> <p>2026 Version 2 Effective Date :01 January 2026</p>	

## 1. Purpose

To describe the procedure for appointment of members to the REC and their responsibilities

## 2. Detailed instructions

4.1. Members will be appointed by the CINEC research committee. The CINEC president will issue the letters of appointment (Annex 3) with terms of reference. Vice President, academic and research functions as an ex-officio member.

4.2. Members of the CINEC REC may be recruited by calling applications among the internal academic staff members. Members are appointed as individuals for their knowledge and experience and not by positions held or as representatives of any organization, group or opinion. When the vacancies are advertised the academic members shall apply for the membership in the REC.

4.3. Members shall provide a updated Curriculum Vitae ( Annex 2) to the REC and shall agree to their names and professions being made available on the CINEC website.

4.4. The letter of appointment shall include the date of appointment, length of tenure, to conduct of duties as an REC member.

4.5. Members will be required to sign a confidentiality agreement (Annex 1) and a conflict of interest agreement upon appointment.

4.6. Upon appointment, members shall be provided with Standard Operating Procedures of the REC, Up-to-date list of members' names and contact information and any other relevant information about the REC's processes, procedures

4.7. Members are appointed for a period of three (03) years. Members are eligible to be reappointed for one more term consecutively to complete two terms accounting six years (06) of service.

4.8. Appointments shall allow for continuity, the development of expertise within the REC, and the regular input of fresh ideas and approaches.

4.9. The committee shall elect its Chairperson, Vice Chairperson and Secretary from among its members already in the committee at the end of its term and inform to the CINEC research committee.

4.10. All members are encouraged and expected to attend education and training sessions.



4.11. Members may seek a leave of absence from the REC for a period not exceeding six months

4.12. Membership will lapse if a member fails to attend three (03) consecutive meetings of the REC without reasonable excuse/apology, unless exceptional circumstances exist. Such circumstances should be notified to the REC in writing. In the event that membership has lapsed, the Chairperson will notify the member of such lapse of membership in writing.

4.13. Membership will lapse if a member fails to attend, in full, at least two thirds of all scheduled REC meetings in each year, barring exceptional circumstances. Such circumstances should be notified to the REC in writing

4.14. A member may resign from the REC after one month prior notice in writing with valid reasons through Chairperson, REC. Steps shall be taken to fill the vacancy as per SOP - 03/2018, 4.2



	Research Ethics Committee CINEC Campus	
	<p><b>SOP – 04 Responsibilities of the members</b></p> <p>2026 Version 2 Effective Date: 01 January 2026</p>	

## 1. Purpose

To describe the functions of members of the CINEC REC.

## 2. Detailed instructions

It is the responsibility of the REC members, to function as per SOP and TOR. The Chairperson and the Secretary of the REC are expected to perform additional duties as detailed below

### 2.1. Responsibilities of a member

2.1.1 attend meetings regularly. Those who are unable to participate meetings in person, can join the meetings through videoconferencing or teleconferencing with prior notice.

2.1.2. Remain independent, impartial, and objective

2.1.3 Maintain confidentiality with regard to all matters pertaining to the REC.

2.1.4. Disclose conflicts of interests and where a conflict exists, refrain from reviewing, and leave the room during deliberations and voting.

2.1.5 When assigned as primary reviewers;

2.1.6 Complete and handover assessment forms to the Secretary two (02) working days prior to the scheduled REC meeting. If unable to attend, the forms should be sent to the Secretary REC two (02) working days before the scheduled REC meeting.

**2.1.7.** Lead the discussion and summarize in order to make decisions at full board meetings.

**2.1.8** Decide by vote or consensus, whether to approve, request revisions, not approve or defer studies following deliberation at full board meetings.

**2.1.9** Keep up-to-date with national and international research ethics and regulatory guidance.

**2.1.10.** Perform any other duties assigned to members according to the SOPs.

## **2.2. Responsibilities as the Chairperson**

- 2.2.1. Conduct all meetings of the CINEC REC according to the SOPs and provide guidance to REC members and office staff.
- 2.2.2. Periodically review existing policies and formulate new REC policies and guidelines in consultation with the members of REC.
- 2.2.3. Review applications, progress reports, and monitor studies whenever required.

## **2.3 Responsibilities of Secretary**

- 2.3.1. Organize the meetings, maintain records and arrange communications with all concerned.
- 2.3.2 Prepare the minutes of the meetings, attend to general correspondence with applicants and get it approved by the Chairperson before communicating with the members /applicants.
- 2.3.3. Ensure that membership files are current and up-to-date. Assign primary reviewers for applications in consultation with the Chairperson and co-ordinate the review process.
- 2.3.4. Provide guidance and supervision to the CINEC REC office staff.
- 2.3.5. Classification of Protocols into various categories
- 2.3.6. Summarize the discussion after each protocol during the board meeting (j). review of progress reports, and monitor studies whenever required.


## **2.4. Lay person and legal person**

(Other than the above TOR as a member they are expected to represent the public opinion and specifically review the how the author elicits the informed consent and to review the information sheet and the consent form. Legal person should review regulatory related matters along with the other ethical issues related to the study. However, they shall review the validity of the proposal as a whole.

## **2.5. REC office staff**

Coordinate collection and process all initial, continuing review, and study modification submissions. Maintain the electronic database of the REC and to use database to track protocols and send reminders. Check all applications for completeness. Consult Chairperson and Secretary to schedule the REC meeting date, agenda preparation, meeting procedure and

minutes. Prepare the meeting agenda according to the standard format in consultation with Chair and Member secretary. Reserve a place for the scheduled meeting on scheduled date and time. Make sure that the room, equipment and facilities are available in good condition for the meeting. Send the approved minutes (hard copies) to all REC members and arrange all study related documents for subcommittee/full board meetings to be discussed. Follow strict procedures to maintain confidentiality of REC documents. Perform any other duties assigned by the Chairperson and Secretary. Maintain training records for all REC members.

	Research Ethics Committee CINEC Campus	
	<b>SOP – 05 Orientation of new members and training</b>  2026 Version 2 Effective Date: 01 January 2026	

## 1. Purpose

To describe the procedure for the orientation of new members of the REC and to inform the members why training (Annex 4) is necessary and how the members should seek to attend training or workshop programs to up-date themselves on the progress of technology, information and ethics.

## 2. Detailed instructions



2.1. New REC members must be provided with adequate orientation. New member orientation may include Introduction to other REC members prior to the REC meeting, Informal meeting with the Chairperson, Secretary and officials of the REC to explain their responsibilities as an REC member, the REC processes and procedures.

2.2. Encourage the new members to attend the training workshops conducted by FERCSL (d). Advise the members to follow the online training program

2.3. Conducting regular training sessions along with the monthly REC meeting on important topics in research ethics by the experienced members who are in the REC or by past REC members

2.4. New members will receive training in:

(a). Research Ethics and Human Subject Protection (b). Standard Operating Procedures of the committee (c). Good clinical practice

	Research Ethics Committee CINEC Campus	
	<p><b>SOP 06 - Independent external reviewers</b></p> <p>2026 Version 2 Effective Date: 01 January 2026</p>	

## 1. Purpose:

To describe the procedure for submission of new applications

New protocol submission includes initial submission of new protocols, resubmission of corrections/amendments and continuing review of approved protocols. It is the responsibility of the Secretary to receive, record, and distribute the protocols among the reviewers.

## 2. Detailed Instruction:



2.1. Applications must be submitted to the Secretary/REC in the format prescribed by the REC and shall include all necessary documents. REC application (Annex 5) is available in the CINEC website.

2.2. Guidelines to fill the REC applications are available in the CINEC website.

2.3. Applications should be accompanied by the following documents:

1. Covering letter written to Chairperson signed by the applicant.
2. Declaration of Applicant (Annex 06)
3. Submission Check List. (Annex 07)
4. Research Protocol (03 copies)
5. One-Page summary proposal (03 copies)
6. Information Sheet (Annex 08) and Consent Form (Annex 09) in English, and in Sinhala and Tamil where appropriate (03 copies).
7. Other relevant documents (i.e. questionnaires) in English, and in Sinhala and Tamil where appropriate (03 copies)
8. Approval letter from the relevant Board of Study for postgraduate study protocols.

9. Updated Curriculum Vitae of principal investigator and all the co- investigators as per Annex 10. In general, each CV should not be more than 2-3 pages, unless a complete CV is specifically requested for.
- 2.4. Supporting staff of the REC office ensures that all required forms and documents are submitted along with the application under the supervision of the Secretary.
- 2.5. Upon receipt of complete protocol, supporting staff of the REC office should issue a unique registration number and enter the protocol in to the electronic database. Format of the number should be REC/CINEC/current year/serial number.
- 2.6. Document Receipt Form will be issued upon receipt of complete application along with all the necessary documents as per Annex 11.
- 2.7. A compressed/zipped folder containing soft copies of all the documents relevant to the application should be emailed to the REC within 24 hours of receipt of Document Receipt Form. Subject of the email should be REC Registration Number followed by the last name of the applicant (eg. REC/CINEC/2020/XXX – Perera).
- 2.8. Upon receipt of an email from the principal investigator, all the protocols will be circulated among all REC members via email.
- 2.9. A fee will be charged for applications.
- 2.10. Duly completed applications are accepted by the REC office from Monday through Friday (except on public holidays) during office hours (9.00am to 4.00pm).
- 2.11. Deadline of applications for the regular monthly meeting shall be the close of business of the last working day of the previous month.
- 2.12. In the event of a public health emergency, such as the investigation of a disease outbreak or a disaster relief operation, the investigators may request a proposal to be reviewed expeditiously. In such instances, the Chairperson/Secretary may call an emergency meeting of the subcommittee/full committee to discuss such protocols.

	Research Ethics Committee CINEC Campus	
	<b>SOP 06 - Initial review process</b>  2026 Version 2 Effective Date: 01 January 2026	

## 1. Purpose

To describe the procedure of appointing independent external reviewers and their roles and responsibilities

## 2. Detailed instructions

Upon the advice or the recommendation of the Secretary/any other REC member, it is the responsibility of the REC to nominate and approve the names of the independent external reviewers to be approved by the Chairperson.

2.1. Subcommittee meets weekly on Monday and screen all the new proposals received within the previous week. Subcommittee assesses the degree of risk involved and decides the review type.

### 2.2. Degree of Risk

There are three levels of risk associated with human research as follows: No risk, Minimal risk, and More than Minimal Risk. Degree of risk involved in a particular research will be determined based on these risk levels. This categorization should be applied as defined in the FERCSL guidelines.

### 2.3. Types of review:

Based on the degree of risk, a proposal will be subjected to one of the review types

#### 2.3.1. Exemption from review (annex 12)

No risk is associated and proposals are exempted from ethics review when there is no possibility of harm arising as a result of the conduct of the research project or when the information being collected is available from the public domain.

#### 2.3.2. Expedited review (annex 13)



A proposal is considered for expedited review when the research procedures present no more than minimal harm to the research participants or communities. In

this case, the proposal is reviewed by the subcommittee.

#### 2.3.3. Full committee review

All research protocols with more than minimal risk to human subjects are reviewed by two REC members as per SOP 10, using the prescribed format (Annex 05 Part B), who present the protocol to the REC followed by a general discussion and a consensus decision. All the member of the REC are expected to go through such proposal and provide their comments at the discussion.





	Research Ethics Committee CINEC Campus	
	<b>SOP 08 - Exempted from review</b>  2026 Version 2 Effective Date: 01 January 2026	

1. **Purpose:** To describe the procedure for new protocols exempted from review

Protocols which carry less than minimal risk fall under this category. It is the responsibility of the subcommittee comprised of the Chairperson, the Secretary, and an assigned member of the REC to grant approval for exemption.

2. **Detailed Instruction:**

- 2.1. At the weekly subcommittee meeting, new proposals received within the previous week will be reviewed and the proposals with less than minimal risk will be exempted from review.
- 2.2. Proposals that fulfil any of the following conditions are exempted from review
  - 2.2.1. Does not involve collection or use of individual level data or community level data on sensitive topics
  - 2.2.2. All data to be used are freely available in the public domain
  - 2.2.3. Research on cadavers and death certificates provided such research reveals no personally identifiable data
  - 2.2.4. Audits or educational practices
- 2.3. Applicants whose applications qualify for exemption will be informed by the Secretary.
- 2.4. Applications which are eligible for exemption from review will be submitted to the next REC meeting for ratification of the decision of the subcommittee.
- 2.5. Formal letter of exemption will be issued only after confirmation of the subcommittee's decision by the REC (Annex 12).

	Research Ethics Committee CINEC Campus	
	<b>SOP 09 - Expedited review</b>  2026 Version 2 Effective Date: 01 January 2026	

1. **Purpose:** To describe the procedure for expedited review of new protocols

Protocols that carry a minimal risk to the participants or the community fall under this category. It is the responsibility of the subcommittee comprised of the Chairperson, the Secretary, and an assigned member of the REC to grant approval.

## 2. Detailed Instruction:



2.1. Subcommittee meets weekly on Monday and screen all the new proposals received within the previous week. Subcommittee assesses the degree of risk involved and decides the review type.

2.2. Subcommittee may undertake expedited review of proposals with minimal risk and those on non-sensitive topics under following circumstances; when the participants are not considered a vulnerable group or the topic of research is not considered a sensitive topic

2.3. Applicants whose applications qualify for expedited review by the subcommittee will be informed by the Secretary the results.

2.4. Applications which are eligible for expedited review will be submitted to the next REC meeting for ratification of the decision of the subcommittee.

2.5. Formal letter of approval will be issued only after the confirmation of the subcommittee's decision by the REC (Annex 13).

	Research Ethics Committee CINEC Campus	
	<b>SOP 10 - Full committee review</b>  2026 Version 2 Effective Date: 01 January 2026	

## 1. Purpose: To describe the procedure for full board review of new protocols

Protocols which carry more than minimal risk fall under this category. Proposals which were not considered for exemption nor expedited review as needing full board review also will be reviewed.

## 2. Detailed Instruction:

2.1. Subcommittee meets weekly on Monday and screen all the new proposals received within the previous week. Subcommittee assesses the degree of risk involved and decides the review type. Proposals with more than minimal risk will undergo full board review.

2.2. If proposal is not exempted nor undergone expedited review, then the subcommittee will assign primary reviewers based on their expertise. One scientific reviewer and one non-scientific reviewer will be assigned to each protocol coming under this category.

2.3. The scientific reviewers are tasked to review technical soundness and related ethical issues while the non-scientific reviewers are tasked to review the informed consent process and forms.

2.4. The Secretary prepares the proposals for primary review and circulate among the assigned reviewers. Primary reviewers will review the protocols using review forms. Based on their preference hard copies will be circulated. Soft copies of all the proposals that undergo full board review shall be emailed to all the REC members.

2.5. Decision making: When there is a quorum, decision is arrived at by consensus. If consensus is not possible, voting is carried out. Only members who are present are allowed to participate in the voting.

2.6. External reviewer/s who are experts in the subject may be invited where necessary to offer their views, but external reviewer/s should not participate in the decision-making process.



2.7. The full board review of a research proposal will result in one of the following actions

**2.7.1. Approved:** The research proposal is approved as submitted. This does not preclude the Committee from sending comments for the consideration of the research team.

**2.7.2. Conditional approval:** If the full board approves a research proposal in principle subject to minor modifications ('Conditional Approval'), the revised project proposal submitted by the proponent will be reviewed and approved by the subcommittee. When the requirements are met, a letter of approval will be issued.

**2.7.3. Revise and resubmit:** The research proposal is not approved as submitted either because there is insufficient information to make a decision or the proposal is not ethically sound. However, the proposal can be resubmitted for full board review after addressing all the comments of the first review. The revised documents will be discussed in a full board meeting.

**2.7.4. Reject:** The research proposal is ethically or scientifically unacceptable.

	Research Ethics Committee CINEC Campus	
	<b>SOP 11 - External / Independent review</b>  2026 Version 2 Effective Date: 01 January 2026	

**1. Purpose: To describe the procedure for assigning external/independent reviewers**



REC will seek advice of an external reviewer when the committee lacks the expertise among its members to review specific subject/technical areas.

**2. Detailed Instruction:**

2.1. REC maintains a list of external/independent reviewers who are experts in different subject areas.

2.2. Subcommittee may invite external/independent reviewers when they think the expertise within the REC is not sufficient to evaluate a particular proposal.

2.3. REC must be satisfied that such experts have no conflicts of interest in relation to the project under consideration arising from any personal involvement or participation in the project, any financial interest in the outcome or any involvement in competing research. Such person(s) shall be required to provide an undertaking of confidentiality and shall not be entitled to vote on any matter.



	Research Ethics Committee CINEC Campus	
	<p align="center"><b>SOP 12 - Conflict of interest</b></p> <p align="center">2026 Version 2 Effective Date: 01 January 2026</p>	

1. **Purpose:** To describe the procedure for reporting and handling conflicts of interest of the REC members

The purpose of this SOP is to describe the procedure for reporting and handling of conflict of interest of the REC members. It is the responsibility of all REC members to understand, accept and declare any conflicts of interest before the REC meeting.

## 2. Detailed Instruction:

- 2.1. An REC member shall inform the Chairperson/Secretary if he/she has a conflict of interest, financial or otherwise, in a project or other related matter(s) to be considered by the REC prior to the commencement of the meeting.
- 2.2. The REC will determine if this results in a conflict of interest for the member and, if so, the member will withdraw from the meeting until the REC's consideration of the relevant matter has been completed. The member shall not be permitted to adjudicate on the research.
- 2.3. All declarations of conflicts of interest and the resolutions of the same shall be recorded.

	Research Ethics Committee CINEC Campus	
	<b>SOP 13 Preparation of Agenda</b>  2026 Version 2  Effective Date: 01 January 2026	



## 1. Purpose

To provide procedures for preparation of the agenda by the Secretary.

## 2. Detailed instructions

- 2.1. The Secretary REC will prepare an agenda for each REC meeting.
- 2.2. An application will be included on the agenda for the next available REC meeting
- 2.3. All complete applications with relevant documents, and all correspondence received by Secretary of REC will be included on the agenda
- 2.4. The agenda and associated documents will be prepared by Secretary REC and circulated to all REC members.
- 2.5. Documentation pertaining to clarifications of previously reviewed proposals will be included on the agenda and/or tabled at the meeting.
- 2.6. Agenda items will include at least the following items

Confirmation of the minutes of previous meeting, Matters arising from minutes, new items, conflict of interest items any other matters and the announcement and next meeting date

	Research Ethics Committee CINEC Campus	
	<p align="center"><b>SOP 14 - Conduct of meeting</b></p> <p align="center">2026 Version 2</p> <p align="center">Effective Date: 01 January 2026</p>	

## 1. Purpose

This SOP describes the procedure for conduct of the REC meeting. It is the responsibility of the Chairperson and the Secretary to inform members and facilitate the conduct of regular and special meetings of the REC.



## 2. Detailed instructions:

- 2.1. The REC shall meet on once in two months. Dates of REC meetings for the year shall be pre-decided and be publicly available.
- 2.2. Members may attend REC meetings in person or via teleconference or video conference. Members who are unable to attend a meeting should contribute prior to the meeting through written submissions to the Secretary of the REC. The minutes should record the submission of written comments.
- 2.3. A quorum must be present in order for the REC to reach a final decision on any agenda item. A quorum shall exist when at least 50% + one of members are gathered including the Chairperson or Secretary and at least one non-medical member present (if possible).
- 2.4. If the meeting does not achieve a quorum, the Chairperson shall cancel it and the REC will convene a meeting within ten (10) working days of the cancelled meeting.
- 2.5. The REC meeting will be conducted in such a manner as to ensure confidentiality and open discussion.
- 2.6. The REC may agree to the presence of visitors or observers at a meeting. Visitors or observers will be expected to sign a confidentiality agreement with the REC and a conflict of interest declaration prior to attending the REC meeting.



2.7. Any member of the REC who has any conflict of interest, financial or otherwise, in a proposal or other related matter(s) considered by the REC must declare such interest beforehand. This will be dealt with in accordance with SOP - 11.

2.8. In circumstances where reviewers cannot be present, they are expected to return the written comments of review to Chairperson/Secretary/Administrative Assistant in advance so that they can be examined before the meeting.

	Research Ethics Committee CINEC Campus	
	<b>SOP 15 - Preparation of Minutes</b>  2026 Version 2  Effective Date: 01 January 2026	

## 1. Purpose

To describe the preparation and format of minutes of a meeting of the REC as per the quality standard form done by the Quality assurance unit in CINEC.

## 4. Detailed instructions

1. Purpose: To describe the procedure and format of minutes of the REC meeting

This SOP describes the administrative procedure for preparation ,review, approval and distribution of REC meeting minutes. It is the responsibility of the Secretary to prepare the minutes and to ensure the quality and validity of the minutes after the meeting is over. It is the responsibility of the Chairperson to review and approve the minutes sent to him by the Secretary.

2. Detailed Instruction:

2.1. The Secretary of the REC will prepare the minutes of each meeting of the REC as per the template given in Annex 14.



2.2. All completed applications and relevant documents received by the REC office by the agenda closing date will be included in the agenda.

2.3. The format of the minutes will include the following items:

1. Attendance
2. Announcements/Welcome/Excuses
3. Declaration of Conflicts of interest
4. Proceedings of the previous meeting
5. Matters arising from the previous minutes

6. Training
7. New applications
8. Previously considered applications for approval
9. Amendments/extensions to approved proposals
10. Progress/Final reports of the approved proposals
11. Reports from subcommittees
12. Amendments to SOPs
13. Correspondence

- 2.4. The minutes should include the recording of decisions taken by the REC as well as a summary of relevant discussions. This includes reference to views expressed in writing by absent members.
- 2.5. In relation to the review of new applications or amendments, the minutes shall record the REC's decision and any requests for additional information, clarification or modification of the proposal.
- 2.6. In recording a decision made by the REC, any significant dissenting view or concern will be noted in the minutes.
- 2.7. Declarations of conflicts of interest by any member of the REC and the absence of the member concerned during the REC deliberation of the relevant application will be documented.
- 2.8. The minutes will be produced as soon as possible following the relevant meeting and will be checked by the Chairperson for accuracy.
- 2.9. The minutes will be circulated among all members of the REC as an agenda item for the next meeting. The minutes will be formally ratified at the next REC meeting.
- 2.10. The confirmed and amended minutes of each meeting (with the inclusion of revisions if any) will be filed in the 'Minutes File'.

	Research Ethics Committee CINEC Campus	
	<b>SOP 16 - Notification of Decisions</b>  2026 Version 2  Effective Date: 01 January 2026	

## 1. Purpose: To describe the procedure for the notification of REC decisions

The purpose of this SOP is to ensure proper completion, distribution and filing of communications with investigators. It is the responsibility of all CINEC REC members, including the Secretary and the Chairperson,

## 2. Detailed Instruction:

2.1. The Secretary of the REC will prepare the REC Decision letter two weeks after the monthly REC meeting.

2.2. Decision letters can be collected from the CINEC REC office two weeks after the monthly meeting

2.3. If the REC determines that further information, clarification or modification is required for the consideration of a project, the correspondence to the principal investigator should clearly articulate the reasons for this determination, and clearly set out the information that is required. Where possible, requests for additional information/ clarification/ modification should refer to the FERCSL Guidelines or other relevant documents including legislation.

2.4. The REC shall communicate with applicants to resolve outstanding requests for further information, clarification or modification of protocols relating to ethical issues.

2.5. Notification of ethical approval will be in writing, and will contain the following information. A standard letter will be issued, in the format set out in Annex 16.

1. Title of the project
2. Name of the principal investigator(s)



3. Unique CINEC REC identification number
4. Version number and date of all documentation reviewed and approved by the CINEC REC including protocols, information sheets, consent forms questionnaires etc.
5. Date of the CINEC REC meeting at which the project was first considered and the Date of the REC's approval, conditions of the CINEC REC's approval, if any and the Duration of the REC's approval

2.6. Research project may not commence until written notification of ethical approval is received and non-adherence to this requirement amounts to ethical misconduct.

2.7. Any extensions for ethics approval for conducting the research project should be requested before the expiry of the validity indicated in the previous ethics clearance approval.

2.8. If the CINEC REC determines that a project is ethically unacceptable, the notification of the REC's decision will include the grounds for rejecting the project with reference to the FERCSL Guidelines or other relevant pieces of legislation. A standard rejection letter will be issued, in the format set out in Annex 17.

2.9. The status of the project shall be updated on the CINEC REC's register of received and reviewed applications.

	<div data-bbox="662 264 1005 331" data-label="Text"> <p>Research Ethics Committee CINEC Campus</p> </div> <div data-bbox="539 376 1088 448" data-label="Section-Header"> <p><b>SOP 17 - Amendments and extensions of approved protocols</b></p> </div> <div data-bbox="715 488 911 521" data-label="Text"> <p>2026 Version 2</p> </div> <div data-bbox="608 537 1016 571" data-label="Text"> <p>Effective Date: 01 January 2026</p> </div>	
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## 1. Purpose:

To describe the procedure for the submission and CINEC REC review of requests for amendments and extensions to approved protocols.

This SOP applies to proposals submitted to the CINEC REC, undergoing amendments or subsequent extensions after initial approval. It is the responsibility of the Secretary to forward such requests to the REC considering the need for expedited review or full committee review in consultation with the Chairperson.



## 2. Detailed Instruction:

2.1. Approval for proposed changes to approved research protocols or to the conduct of the research, including extensions to the length of CINEC REC approval, must be sought by the principal investigator in writing.

2.2. Requests shall outline the nature of the proposed changes and/or request for extension, reason/s for the request, and an assessment of any ethical implications arising from the request on the conduct of the research. All amended documents must have the changes highlighted. The request for extension must be accompanied by a current progress report of the study.

2.3. Expedited review of requests for minor amendments and extensions may be undertaken by the REC subcommittee between scheduled meetings at the discretion of the Chairperson or the Secretary and in accordance with SOP 009, on the condition that it is ratified at the next CINEC REC meeting.

- 2.4. Where an urgent protocol amendment is required for safety reasons, the Chairperson may review and approve the request. In such circumstances, the REC will review the decision at its next meeting.
- 2.5. All other requests for amendments shall be reviewed by the REC at its next meeting, provided the request has been received by the REC office by the agenda closing date.
- 2.6. The CINEC REC will report in writing to the principal investigator, advising of the ethical approval of the proposed amendment and/or request for extension and that the amended research may commence, within seven (7) working days of the meeting at which the request was considered (this may be the full CINEC REC meeting or the subcommittee meeting).
- 2.7. If the REC determines that further information, clarification or modification is required for the consideration of the request for amendment or extension, the correspondence to the investigator should clearly articulate the reasons for this determination, and clearly set out the information that is required.
- 2.8. All reviewed and approved requests for amendments and extensions shall be recorded in the relevant protocol specific file and, where appropriate, in the REC's register of received and reviewed applications.

	Research Ethics Committee CINEC Campus	
	<p><b>SOP 18 - Appeals and complaints of review process and decisions of REC</b></p> <p>2026 Version 2</p> <p>Effective Date: 01 January 2026</p>	

1. **Purpose:** To describe the procedure for receiving and handling appeals or complaints regarding the REC's review process and decisions

This SOP applies to complaints/appeals submitted to the CINEC REC, by applicants who are not satisfied with the REC review/decision. It is the responsibility of the Chairperson to investigate such complaints/appeals.

## 2. Detailed instructions

- 2.1. An applicant who is not satisfied with the outcome of the CINEC REC's decision may complain to the Chairperson detailing in writing the grounds of the concern or complaint.
- 2.2. Appeal/complaint will be tabled at the next REC meeting and the Chairperson will appoint a panel of three members, excluding the members who originally reviewed the protocol, to investigate the appeal/complaint.
- 2.3. The decision of the panel will be discussed at the subsequent CINEC REC meeting. The decision of the REC will be informed to the applicant within three months of the complaint.



	Research Ethics Committee CINEC Campus	
	<b>SOP 19 - Monitoring of approved research projects</b>  2026 Version 2  Effective Date: 01 January 2026	

## 1. Purpose:

To describe the procedure for monitoring research projects approved by the REC to ensure compliance with ethical approval. The REC will monitor approved protocols to ensure compliance with its ethical approval. The purpose of this SOP is to describe the procedure for monitoring research protocols approved by the REC to ensure compliance with ethics approval.

## 2. Detailed Instruction:



2.1. The CINEC REC shall monitor approved projects to ensure compliance with the conditions for ethical approval. In particular, the REC shall require the investigators to provide annual progress reports (Annex 18) and a final report (Annex 19) at the completion of the study.

2.2. The REC shall require the following information in the progress reports

1. Progress to date or outcome in the case of completed research
2. Maintenance and security of records
3. Compliance with the approved protocol
4. Compliance with conditions of approval
5. Changes related to study investigators and sources of funding

2.4. The REC shall require, as a condition of approval of each project, that investigators immediately report anything which might warrant review of the ethical approval of the their proposal

- 2.5. The CINEC REC shall require, as a condition of approval of each project, that investigators inform the REC, giving reasons, if the research project is discontinued before the expected date of completion.
- 2.6. Where the REC is of the opinion that the research project is not being conducted in accordance with the approved protocol, the REC may withdraw approval. In such circumstances, the REC shall inform the principal investigator and the institution as well as any Regulatory Authority of such withdrawal of approval in writing, and recommend to the institution that the research project be discontinued, suspended, or that other necessary steps be taken.

	Research Ethics Committee CINEC Campus	
	<b>SOP 20 - Complaints about conduction of the research study</b>  2026 Version 2  Effective Date: 01 January 2026	

## 1. Purpose:

To describe the procedure for receiving, handling and responding to complaints concerning the conduct of a project approved by the REC. The REC shall receive complaints from researchers, or other interested individuals regarding the conduct of approved research projects.

## 2. Detailed Instruction:

2.1. Any concern or complaint received will be forwarded to the Chairperson of the REC. The Chairperson is responsible for obtaining a written complaint stating the grounds of the concern. Upon receiving this, the REC will be notified as soon as possible.

2.2. The REC shall send a letter of acknowledgement to the complainant and a letter of notification to the principal investigator outlining the complaint and the mechanism for investigating (described below) the complaint.



2.3. Where the complaint concerns a serious matter within the jurisdiction of the Ministry of Health or other institution, the Chairperson shall consider referral of the complaint to the Ministry of Health or the relevant governing body.

2.4. A panel consisting of a minimum of three (03) members will be appointed by the REC to conduct an investigation of the complaint. This panel upon completion of the investigation shall make recommendations to the REC on the appropriate course of action. Based on the seriousness of the violation one or more of the following action will be recommended.

1. Amendments to the protocol
2. Warning and increased monitoring by the REC
3. Suspension of the project
4. Termination of the project
5. Other appropriate action to resolve the complaint

2.5. Such action will be taken within three months of receiving a written complaint.

2.6. The complainant shall be informed of the action taken.

	Research Ethics Committee CINEC Campus	
	<b>SOP 21 - Dealing with the protocol deviations</b>  2026 Version 2 Effective Date: 01 January 2026	

## 1. Purpose:

To describe the procedure for the process for reporting and handling of protocol deviations and violations. The purpose of this SOP is to describe how the CINEC REC, provides instructions for taking action and maintaining records, when investigators fail to follow the procedures written in the approved protocol or fail to comply with national/ international guidelines for the conduct of human research, including those who fail to respond to the CINEC REC requests.



## 2. Detailed Instruction:

2.1. The CINEC REC shall require, as a condition of approval of each proposal, that researchers report to the REC of any protocol deviation or violation as soon as possible but no later than one (01) calendar month of its first knowledge.

2.2. The report should include,

1. REC reference number
2. Details of the site
3. Details of protocol deviation/violation
4. Reason(s) for deviation – patient related/investigator related/other (specify)
5. Details of reporter – Name, address, telephone number, other administrative information
6. Measures taken by the investigators to deal with the violation and to avoid future occurrences



2.3. All reported deviations and violations will be dealt with by a subcommittee consisting of Chairperson, Secretary and an assigned REC member and will be informed to the REC, at the next meeting

	Research Ethics Committee CINEC Campus	
	<b>SOP 21 - Record keeping</b>  2026 Version 2  Effective Date: 01 January 2026	

1. **Purpose:** To describe the procedure for the preparation and maintenance of records of the REC activities. Secretary of the REC has to prepare and maintain written/electronic records of all the REC activities.
2. **Detailed Instruction:**
  - 2.1. Supporting staff of the REC will prepare and maintain a confidential electronic and/or paper record for each application received and record the following information
    1. REC identification number
    2. Title of the project
    3. Principal investigator(s) with contact details
    4. Name of the responsible institution or organization
    5. Date of Submission
    6. Date of review at a REC meeting
    7. Decision/s of the REC
    8. Terms and conditions, if any, of approval of the project and
    9. Type of approval, whether approval was by expedited review.
  - 2.2. The paper file shall contain a hard copy of the application, including signatures, and any relevant correspondence including that between the applicant and the REC, all approved documents and other material used to inform potential research participants.
  - 2.3. All relevant records of the REC, including applications, membership, minutes, correspondence, and progress/final reports will be kept as confidential files.
  - 2.4. To ensure confidentiality, all documents provided to REC members, which are no longer required, are to be disposed of in a secure manner, such as shredding.

2.5. All records pertaining to research protocols shall be held for sufficient time to allow for future reference. The minimum period for retention will be five (5) years. Files which are no longer required for retention shall be electronically archived.

2.6. A register of all the applications received and reviewed shall be maintained in accordance with the FERCSL and other national/international guidelines.

	Research Ethics Committee CINEC Campus	
	<b>SOP 23 - Review of standard operating procedure</b>  2026 Version 2  Effective Date: 01 January 2026	

1. **Purpose:** To describe the procedure for the process for reviewing and amending SOPs within the REC, CINEC.

It is the responsibility of the Secretary of the REC to appoint the SOP subcommittee to amend the SOPs by following the same procedures, format and coding system when drafting or editing any SOP of the REC.

2. **Detailed Instruction:**

- 2.1. The Terms of reference and Standard Operating Procedures shall be reviewed at least every three years and amended as necessary.



- 2.2. SOPs may be emended at any time if a need arises for such amendments 2.3. The SOPs may be amended by following the procedure below

1. Any member of the REC can propose an amendment to the SOPs in writing.
2. The proposed amendment shall be submitted in writing to the Secretary to be placed in the agenda of the next available Research Ethics Committee meeting for consideration and possible adoption by at least two-thirds of the committee members present and voting. Any member unable to attend such a meeting may register their views in writing
3. The Chairperson shall send the amendment to the President/CINEC campus for review and approval, if appropriate.
4. The amendment shall come into effect once approved by the Director and Board of Management, CINEC.



## References

1. Declaration of Helsinki (DoH) of the World Medical Association (WMA), 2013. Ethics review committee guidelines, Forum of Ethics Review Committees, Sri Lanka 2007.
2. Ethical review committee Guidelines. Sri Lanka Medical Association. Colombo.
3. International Conference on Harmonization, Guidance on Good Clinical Practice (ICH GCP) E6 (R1) 1996.
4. International Ethical Guidelines for Epidemiological Studies - Prepared by the Council for International Organizations of Medical Sciences(CIOMS) 2008.
5. National Ethical Guidelines for Health Research in Nepal. Nepal Health Research Council, Nepal 2001.
6. Standards and Operational Guidance for Ethics Review of Health-Related Research with Human Participants, World Health Organization 2011. Standards Operating Procedures, Ethics Review Committee, Faculty of Medical Sciences, University of Sri Jayewardenepura
7. Standard Operating Procedures, Ethics Review Committee, Faculty of Medicine, University of Colombo.
8. Standards Operating Procedures, Ethics Review Committee, Faculty of Medicine, University of Kelaniya

	Research Ethics Committee CINEC Campus	
	<b>ANNEX 1A - Confidentiality Agreement</b>	

This agreement is made and entered into on this .....day of ..... by and between Research Ethics Committee CINEC campus (hereinafter referred to as REC) and ..... (holder of NIC number ..... ) of ..... (herein after referred to as the “member/observer/visitor/expert/consultant”) WHEREAS the member/observer/visitor/expert/consultant has agreed to serve on the aforesaid REC, and in which capacity the member/observer/visitor/expert/consultant will have access to Confidential Information in the REC; AND WHERE AS the member/observer/visitor/expert/consultant has acknowledged and agreed that the committee has and shall continue to have sole rights to Confidential Information and has agreed to hold the same in strict confidence during and after the member/observer/visitor/expert/consultant’s period of service within the REC.

And it is hereby agreed as follows

### **1. Interpretation**

“Confidential information” shall include all information of a confidential and proprietary nature provided or made available to the member by the REC including but not limited to the research proposals and documents, techniques, intellectual property and processes and such other information related to the REC but shall not include information which is or becomes publicly available other than through the faults of the member.

### **2. Obligations of the member/observer/visitor/expert/consultant**

a. To maintain the highest degree of secrecy and keep as confidential any Confidential Information which the member/observer/visitor/expert/consultant may be granted access to, or which may be available to, or which member/observer/visitor/expert/consultant receives on behalf of the REC or in the capacity of the member/observer/visitor/expert/consultant of the

REC by any means and to use such Confidential Information only in duty authorized manner in the interest of the REC and for the purpose of fulfilling functions and responsibilities arising as a member/observer/visitor/expert/consultant of the REC.

b. Not at any time during or after service within the REC, for any reason, disclose or permit to be disclosed any Confidential Information to any third party or to use such Confidential Information for personal use without the express prior written approval of the REC.

c. On termination of the period of membership within the REC, the member/observer/visitor/expert/consultant shall return to the REC all property, documents and papers in the member/observer/visitor/expert/consultant's possession.

d. That in the event of break of any of the conditions mentioned above, the REC shall be entitled to injunctive relief and/or specific performance to enforce the conditions set out above.

### ***3. Legal compulsion to disclose***

In the event that the member/ observer/visitor/expert/consultant becomes legally compelled to disclose any Confidential Information, the member/ observer/visitor/expert/consultant shall give prompt notice in writing of such facts to the REC so that REC has an opportunity to seek a protective order or other remedy. In the event that such protective order or other appropriated remedy is not sought by the REC or is sought but is not obtained, the member/observer/visitor/expert/consultant will nevertheless disclose only that portion of the Confidential Information as is necessary to comply with its obligations under law and shall use reasonable endeavors to obtain any appropriate court order or other reliable assurance that Confidential treatments will be accorded to Confidential Information so disclosed.



**4. The member/ observer/visitor/expert/consultant hereby unconditionally accepts and acknowledges that having regard to the nature of the REC and the functions and duties of the member/ observer/visitor/expert/consultant of the REC, the member/observer/visitor/expert/consultant considers the terms and conditions imposed herein has being fair and reasonable.**

Signature of the Member

Date

Signature of the Chairperson of the REC

Date

	Research Ethics Committee CINEC Campus	
	<b>ANNEX 1B - Conflict of Interest Agreement</b>	

## 1. Interpretation

### Conflict of Interest

It is recognized that the potential for conflict of interest will always exist but has faith in the CINEC REC and its Chairperson to manage the conflict issues so that the ultimate outcome is the protection of human subjects.

It is the policy of the CINEC REC that no member/ observer/visitor/expert/consultant may participate in the review, comment or approval of any activity in which he/she has a conflict of interest except to provide information as requested by the REC.

The Undersigned will immediately disclose to the Chairperson of the CINEC REC any actual or potential conflict of interest that he/she may have in relation to any particular proposal submitted for review by the Committee, and to abstain from any participation in discussions or recommendations in respect of such proposals.

When a member/observer/visitor/expert/consultant has a conflict of interest, the member/observer/visitor/expert/consultant should notify the Chairperson and may not participate in the CINEC REC review or approval except to provide information requested by the Committee.

Examples of conflict of interest cases may be any of the following:

- a) A member/observer/visitor/expert/consultant is involved in a potentially competing research program.
- b) Access to funding or intellectual information may provide an unfair competitive advantage.

c) Member/ Observer/visitor/expert/consultant's personal biases may interfere with his or her impartial judgment

## 2. Agreement on Conflict of Interest

This agreement is made and entered into on this..... day of .....by and between Research Ethics Committee, CINEC Campus (hereinafter referred to as REC) and ..... (holder of NIC number ..... ) of.....(herein after referred to as the “member/observer/visitor/expert/consultant”)

Whenever I have a conflict of interest, I shall immediately inform the Chairperson and will not be present for review of the said proposal and will not to count me toward a quorum for voting.

***3. The member/ observer/visitor/expert/consultant hereby unconditionally accepts and acknowledges that having regard to the nature of the REC and the functions and duties of the member/observer/visitor/expert/consultant of the REC the member considers the terms and conditions imposed herein has being fair and reasonable.***

.....

Signature of the member/observer/visitor/expert/consultant

.....



Date

.....

Signature of the Chairperson of the REC

.....

Date

	Research Ethics Committee CINEC Campus	
	<b>ANNEX 2 - CV of REC Members</b>	



<b>Personal Information</b>			
Name		Rev/Prof/Dr/Mr/Ms	
Current Designation			
Home Address			
Contact Number			
Email address			
<b>Educational Qualifications</b>			
Bachelor's degree			
Postgraduate degrees			
<b>Work Experience</b>			
Employment	Designation	Workplace	Period
Present			
Previous 1			
Previous 2			
Previous 3			
Training in ethics			
Training 1			
Training 2			
Training 3			
Publications			

.....

Date

.....

Signature of the REC Member

	Research Ethics Committee CINEC Campus	
	<b>ANNEX 3 - Letter of appointment</b>	

Reference No.

Date

Name of the member

Address

Dear .....

**Appointment as a Member of the Research Ethics Committee, CINEC Campus**

I am pleased to inform you that you have been appointed as a member of the Research Ethics Committee of the CINEC campus for a period of three years effective from .....

The Secretary, REC CINEC campus will provide you with the Standard Operating Procedures (SOPs) of the REC CINEC campus with which you are expected to be familiar.

You are required to sign a confidentiality agreement on the assumption of duties.



The CINEC campus will indemnify you in respect of liabilities that may arise in the course of bona fide conduct of duties as an REC member.

Your contributions as a member of the CINEC review committee will be greatly appreciated.

Yours sincerely,



Signature of the President

CINEC campus

	Research Ethics Committee	
	CINEC Campus	
	<b>ANNEX 4 - Training record</b>	

Name of the REC Member: Rev/Prof/Dr/Ms/Mr			
Name of the Training	Training provider	Venue	Date



	Research Ethics Committee CINEC Campus	
	<b>ANNEX 5 - Application form for scientific and ethical review</b>	

**For Office Use Only:**

Application Number: CINEC/REC/20\_\_\_/\_\_\_

Date Received: \_\_\_/\_\_\_/\_\_\_

Name of the Applicant: Rev/Prof/Dr/Mr/Ms\_\_\_\_\_

This application should be forwarded by the principal investigator who requests ethical approval for a research project. All the co-investigators should provide signed consent to submit the application to REC, CINEC Campus. Application guidelines are available at CINEC website. Trainees, trainers, extended faculty and staff of any recognized academic/research/industry institute are eligible to apply for REC approval from CINEC Campus.

**Part A – Administrative Details**

1. **Title of the Research Project:**
2. **Details of the Investigators:**

Title, Name, Designation and Affiliation	Role	Signature
	Principal Investigator	

**3. Contact Details of the Principal Investigator:**

3.1 Postal Address	
3.2 Email Address	
3.3 Telephone	

**4. Nature of the study:**

Observational/non-interventional      Clinical trial (investigator initiated)  
Research database/information system      Sponsored clinical trial  
Other

**5. Proposed starting (initial date of enrolment of participants) and ending (completion of data collection) dates (retrospective approval will not be given to the projects already started)**

Start Date:

End Date:

**6. Has the relevant Board of Study/Specialty Board approved the research project (if applicable)?**

Yes:      No:  
If Yes, Board of Study/Specialty Board: Details:

**7. Has ethics approval for this study been requested earlier from REC CINEC or another REC? (if you have received ethics approval already, please attach a copy of the approval)**

Yes:      No:  
Details:

**8. Funding (if any)**

Name and Address of the funding source: Amount:

**9. Do you believe the proposed project has conflicts of interest?**

Yes:      No:      If Yes, Details:

## Part B – Protocol Check List

Under each category, indicate the protocol section of the research proposal. If a particular category is not relevant to your study, indicate it as 'NA'

	<b>Scientific validity</b>	Protocol page/s	<b>Reviewer Evaluation</b>			
			Acceptable			Comments
			Yes	No	N/A	
1	Title					
2	Research problem					
3	Research questions/ hypothesis					
4	Objectives					
5	Study setting					
6	Study design					
7	Study population (giving inclusion exclusion criteria)					
8	Sample size					
9	Sampling method					
10	Measurements / variables					
11	Study instruments					
12	Procedures to ensure quality of data					
13	Plan for analysis					
14	Ethical considerations					
15	Budget (if relevant)					
16	Work plan and time frame					
17	Justification for a replication study, if your study is a replica					

	<b>Social Value</b>	Protocol page/s	<b>Reviewer Evaluation</b>			
			Acceptable			Comments
			Yes	No	N/A	
1	Benefits of the study to the community/society					
2	Plan for dissemination of study findings					
3	Scientific importance of the study					

	<b>Risk Benefit Assessment</b>	Protocol page/s	<b>Reviewer Evaluation</b>			
			Acceptable			Comments
			Yes	No	N/A	
1	Potential risks to the participants					
2	Potential benefits to the participants					
3	Justification for risks against benefits					
4	Steps taken to minimize risks					
5	Support provided to participants (medical, educational, other)					

	Participants rights and consent	Protocol pages	Reviewer Evaluation			
			Acceptable			Comments
			Yes	No	N/A	
1	Procedure for recruiting the participants					
2	Information provided to the participants					
3	Procedure for requesting informed consent					
4	Procedure for requesting proxy consent					
5	Procedure for requesting assent (subjects between 12y to 18y)					
6	Procedure for withdrawing consent					
7	Incentives provided to participants					
8	Procedure for participants to ask questions / register complaints					
9	Participants right to decline consent without losing entitled benefits					

	Confidentiality and Privacy	Protocol page/s	Reviewer Evaluation			
			Acceptable			Comments
			Yes	No	N/A	
1	Steps to ensure confidentiality of data					
2	Justification for collecting personal identification data					
3	Steps taken to ensure privacy during data collection					
4	How long data and samples will be kept					
5	Who will have access to the data					
6	Procedure for storage of data and samples					
7	Procedure for disposal of data					

	<b>Fair participant selection and vulnerability</b>	Protocol page/s	<b>Reviewer Evaluation</b>			
			Acceptable			Comments
			Yes	No	N/A	
1	Justification for selection of study population					
2	Justification for conducting the study in a vulnerable population					

	<b>Responsibilities of the researcher</b>	Protocol page/s	<b>Reviewer Evaluation</b>			
			Acceptable			Comments
			Yes	No	N/A	
1	Ethical, legal, financial issues related to the study					
2	Any conflicts of interest and how the researcher plans to manage them					
3	Permissions from relevant institutions / authorities					
4	Collaborations with the relevant stakeholder					
5	Provision of medical / psychological care to the participants					
6	Qualifications of the research team to handle the research study					

	Foreign funded studies	Protocol page/s	Reviewer Evaluation			
			Acceptable			Comments
			Yes	No	N/A	
1	Justification for conducting the study in SL					
2	Relevance of the study to SL					
3	Post research benefits to SL					
4	The sharing of intellectual property rights					
5	How the results will be conveyed to authorities in SL					

	Information Sheet / Consent Form	Section in Info. sheet consent form	Reviewer Evaluation			
			Acceptable			Comments
			Yes	No	N/A	
1	Purpose of the study					
2	Voluntary participation					
3	Duration of the study and responsibilities of the participants					
4	Potential benefits					
5	Risks, Hazards, Discomforts					
6	Incentives / Reimbursements					
7	Confidentiality					
8	Contact person for the participants					
9	Understanding of information provided by the researcher					
10	Agreement of the participant to provide information / samples					

11	Consent for dissemination of research findings					
12	Appropriate translation of the information sheet					
13	Appropriate translation of the consent form					

**Decision of the reviewer:**

Approved      Conditional approval      Approve with revisions      Reject



**Comments of the Reviewer:**

Name of the Reviewer:

Signature of the Reviewer: \_\_\_\_\_

Date: \_\_\_\_\_



	Research Ethics Committee CINEC Campus	
	<b>ANNEX 6 - Applicant Declaration</b>	



## Declaration

As the principal investigator of this project, my signature confirms that I will ensure that all procedures performed under the project will be conducted in accordance with all relevant national and international policies and regulations that govern research involving humans and cadavers. I understand that if there is any significant deviation from the project as originally approved, I must submit an amendment to the REC for approval prior to its implementation. I have submitted all significant previous decisions by this or any other REC and /or regulatory authorities relevant to the proposed study. I declare that I am not seeking approval for a study that has already been commenced or has already been completed.

\_\_\_\_\_  
Signature of principal investigator

\_\_\_\_\_  
Date

Full name of principal investigator: \_\_\_\_\_

	Research Ethics Committee	
	CINEC Campus  <b>ANNEX 7 - Submission check list</b>	



**Title:**

**Name of the Applicant:** Rev/Prof/Dr/Mr/Ms

Date Received: \_\_/\_\_/20\_\_

Document	Version	Date
Application form		
Detailed research proposal		
All study instruments- (questionnaires/interview guides/checklist/data extraction forms) English		
Study instruments – Sinhala / Tamil/English (if applicable)		
Information sheet – English Sinhala/ Tamil / English		
Consent forms Sinhala/ English/ Tamil		
Any other documents		
Approved letter from the relevant research committees		
Payment receipts		

—

	Research Ethics Committee CINEC Campus	
	<b>ANNEX 8 - Sample information sheet</b>	

### **Title of the project**

I/We <name of principal investigator/s>, a <Designation> attached to <institute/s of affiliation> would like to invite you to take part in a research project titled <Non- technical Title> conducted by <Names of Investigators> at <Study Site>

1. **Purpose** - The objective/s of the study in non-technical terms
2. **Voluntary participation** - Your participation in this study is voluntary. You are free to not participate at all or to withdraw from the study at any time despite consenting to take part earlier. There will be no loss of medical care or any other available treatment for your illness or condition to which you are otherwise entitled. If you decide not to participate or withdraw from the study, you may do so at any time.
3. **Duration, procedures of the study and participant's responsibilities**

This study will be conducted over a period of (anticipated duration of study). If you volunteer to participate in this study, we will ask you to do the following:



1. We will ask you to take part /visit the clinic for (duration of each visit and number of visits) over the course of a total of about (expected duration of participation)
2. You will need to <the procedure/s of the research including what happens at each visit in simple terms and how the participant has to take part in the study>
4. Potential benefits -Participation in this study may benefit you/others by < all the actual and potential benefits -
5. Risks, hazards and discomforts - Any potential or actual risks, hazards and discomforts should be clearly defined-

6. Reimbursements -You would be paid a sum of Rs. < ....> OR you will not be paid any sum of money for participating in this study
7. Termination of study participation - You may stop participating in this study at any time (with no penalty or effect on medical care or loss of benefits). Please notify the investigator as soon as you decide to withdraw your consent.
8. Confidentiality - Confidentiality of all records is guaranteed and no information by which you can be identified will be released or published. These data will never be used in such a way that you could be identified in any way in any public presentation or publication without your express permission.
9. Clarifications -If you have questions about any of the tests / procedures or information please feel - free to ask any of the persons listed below.

The names and contact information of investigator/s> <postal address, email address, telephone numbers;

If you have any clarification, concerns, or complaints related to this research project, you may contact the Research Ethics Committee, CIINEC CAMPUS

REC Office Address: Research Ethics Committee, CINEC campus Malabe. (between 9am and 4pm on working days)

	Research Ethics Committee CINEC Campus	
	<b>ANNEX 9 - Sample consent form</b>	

**Title of the Research Project**  
**To be completed by the participant (Please tick the appropriate box)**

1. Have you read the information sheet? (Please keep a copy for yourself) ☐
2. Have you had an opportunity to discuss this study and ask any questions? ☐
3. Have you had satisfactory answers to all your questions? ☐
4. Have you received enough information about the study? ☐
5. Do you understand that you are free to withdraw from the study at any time, without having to give a reason and without affecting your future medical care? ☐
6. Sections of your medical notes, including those held by the investigators relating to your participation in this study may be examined by other research assistants. All personal details will be treated as strictly Confidential. Do you give your permission for these individuals to have access to your records? ☐
7. Have you had sufficient time to come to your decision? ☐
8. Do you agree to take part in this study? ☐

Who explained you about the study: \_\_\_\_\_

Signature of the participant: \_\_\_\_\_ Date: \_\_\_\_\_



Full name: \_\_\_\_\_

**To be completed by the investigator/ person obtaining consent**

I have explained the study to the above participant and he/ she has indicated her willingness to take part in this study.



Signature of Investigator: \_\_\_\_\_ Date: \_\_\_\_\_

Full name: \_\_\_\_\_

	Research Ethics Committee	
	CINEC Campus	
<b>ANNEX 10 - CV of the applicant</b>		

<b>Personal Information</b>			
Name	Rev/Prof/Dr/Ms/Mr		
Current Designation			
Home Address			
Contact Number			
Email address			
<b>Educational/Professional Qualifications</b>			
Bachelor's degree			
Postgraduate degrees			
<b>Work Experience</b>			
<b>Employment</b>	<b>Designation</b>	<b>Work place</b>	<b>Period</b>
Present			
Previous 1			
Previous 2			
<b>Publications (list up to 5 most relevant to the proposed study)</b>			
<b>Ongoing Research Projects (other than this project)</b>			

Date: \_\_\_\_\_ Signature of the Applicant: \_\_\_\_\_

	Research Ethics Committee	
	CINEC Campus	
<b>ANNEX 11 - Document check list</b>		

Please insert the **Title** and the **Name of the Applicant Title**:

**Name of the Applicant:** Rev/Prof/Dr/Mr/Ms

**For Office Use Only:** This check list will be filled and signed by the person who receives the application at REC, CINEC Campus



Application Number: CINEC /REC/20\_\_\_/\_\_\_

Date Received: \_\_\_/\_\_\_/20\_\_\_

Covering Letter	<input type="checkbox"/>
Submission Check List	<input type="checkbox"/>
Declaration of Applicant	<input type="checkbox"/>
Application form (3 copies)	<input type="checkbox"/>
One-page summary proposal (3 copies)	<input type="checkbox"/>
Detailed research proposal (3 copies)	<input type="checkbox"/>
All study instruments in English (questionnaires/interview guides/checklist/data extraction forms) with Sinhala and Tamil translations where relevant	<input type="checkbox"/>
Information sheet in English with Sinhala and Tamil translations where relevant	<input type="checkbox"/>
Consent forms in English with Sinhala and Tamil translations where relevant	<input type="checkbox"/>
Any other relevant documents in English with Sinhala and Tamil translations where relevant Curriculum vitae of all investigators	<input type="checkbox"/>
Approval letter from the relevant Board of Study (if applicable)	<input type="checkbox"/>
Online payment receipt	<input type="checkbox"/>

**Received by:**

_____	_____	_____
Name of the Staff Member	Signature	Date

	Research Ethics Committee	
	CINEC Campus	
ANNEX 12 - Exemption letter		

*REC Reference Number*

*Date*

*Name of the Principal Investigator*

*Address of the Principal Investigator>*

*Dear*

*Name of the Principal Investigator,*

### **Title of the Proposal**

*Investigators:*

*Names of the investigators*

Thank you for submitting the above research proposal to the REC of the Postgraduate Institute of Medicine. I am pleased to inform you that the study was exempted from the ethics review by the REC at its meeting held on <meeting date> after reviewing following documents submitted by you.

Document	Version No	Submission Date
Protocol	version	date
Information sheet	version	date
Consent form	version	date
Study Instrument	version	date

Thank you.



Yours sincerely,

Signature of the Secretary

Name of the Secretary

Secretary-REC/CINEC



	Research Ethics Committee	
	CINEC Campus	
	<b>ANNEX 13 - Expedited approval letter</b>	

*REC Reference Number*

*Date*

*Name of the Principal Investigator*

*Address of the Principal Investigator>*

*Dear*

*Name of the Principal Investigator,*

### **Title of the Proposal**

*Investigators:*

*Names of the investigators*

Thank you for submitting the above research proposal to the REC of the Postgraduate Institute of Medicine. I am pleased to inform you that the study was exempted from the ethics review by the REC at its meeting held on .....(meeting date) after reviewing following documents submitted by you.

Document	Version No	Submission Date
Protocol	version	date
Information sheet	version	date
Consent form	version	date
Study Instrument	version	date

The approval is valid until one year from ..... You may submit a written request for renewal/extension of the approval, along with a progress report.

Please note that you are required to inform the REC about the following:

- Any unanticipated events involving potential risks to study subjects
- Any deviations in protocol
- Any changes to the documents listed above
- You are required to submit the final report to the REC /CINEC with the following declaration:

*“the research was conducted in accordance with the proposal for which approval was granted by the REC CINEC within three (03) months upon the completion of the study.*



Thank you.

Yours sincerely,

Signature of the Chairperson

Name of the Chairperson

Chairperson-REC/CINEC

	Research Ethics Committee	
	CINEC Campus	
	<b>ANNEX 14 - Minutes of REC meeting</b>	

**Minutes of the (Meeting No) Meeting of the CINEC REC Committee on ..... (Date)  
at .....(Time) at .....**

Name	Position	<Year>									
		Date Mon	Date Mon	Date Mon	Date Mon	Date Mon	Date Mon	Date Mon	Date Mon	Date Mon	Date
Name of the Chairperson	Chairperson										
Name of the secretary	Secretary										
Name of the member	Member										
Name of the member	Member										
Name of the member	Member										
Name of the member	Member										
Name of the member	Member										
Name of the member	Member										
Name of the member	Member										
Name of the member	Member										
Name of the member	Member										
Name of the member	Member										

**P – Present E – Excused V- Virtually Participated A – Absent L – on Leave**

who chaired the meeting> chaired the meeting.

Item 1 – Announcements/Welcome/Excuses announcements, welcome and excuses if any

Item 2 – Declaration of Conflict of Interest Member– REC Ref number

Item 3 – Confirmation of the Minutes - minutes of the last meeting number, .

Item 4 – Matters arising from the Minutes - matters arising from the minutes of the last meeting

Item 5 – Training Meeting

Meeting .5.1 In-house Training -training topic, name of the member who conducted the training

Meeting No.5.2 details if any

Item 6 – New protocols

6.1. exempted protocols details.

6.2 New protocols for expedited review

6.3. New protocols for full board review



REC No:	<REC Ref No.>	Date Submitted:	submission date				
Applicant	Name of the applicant						
Study Design	Type of study						
Documents	Application	Protocol	Instrument			IS/ICF	
			E	S	T	E	S
Version	version No	version No	version No			version No	
Internal reviewers	Name of the 1 <sup>st</sup> primary reveiwer	Name of the 2 <sup>nd</sup> primary reveiwer	Name of the person who review Sinhala Name of the person who review Tamil				
REC Discussion	discussion points						
Recommendation	REC recommendation. i.e. type of approval						
Remarks	Details if any						

Item 7 – Previous considered protocols

REC No:	<REC Ref No.>	Date Submitted:	submission date
Applicant	Name of the applicant		
Study Design			

	Type of study						
Documents	Application	Protocol	Instrument			IS/ICF	
			E	S	T	E	S
Version	version No	version No	version No			version No	
Internal reviewers	Name of the 1 <sup>st</sup> primary reveiwer	Name of the 2 <sup>nd</sup> primary reveiwer	Name of the person who review Sinhala Name of the person who review Tamil				
REC Discussion	discussion points						
Recommendation	REC recommendation. i.e. type of approval						
Remarks	Details if any						

- Item 8 – Amendments / extensions to the approved protocols
- Item 9 – Progress/ final reports of approved proposals
- Item 10 – reports of the subcommittees
- Item 11 – Amendments to SOPs
- Item 12 – Correspondence
- Item 13 – any other business
- Item 14 – Date time and Venue for the next meeting

	Research Ethics Committee	
	CINEC Campus	
	<b>ANNEX 15 - Resubmission</b>	

*RC Reference Number*

*Date*

*Name of the Principal Investigator and the <Address of the Principal Investigator*

*Dear ..... Name of the Principal Investigator,*

### **Title of the Proposal**

*Investigators:                      Names of the investigators*

Thank you for submitting the above research proposal. REC at its meeting held on <meeting date> reviewed the following documents submitted by you.



Document	Version No	Submission Date
Protocol	version	date
Information sheet	version	date
Consent form-	version	date
Study Instrument	version	date

The REC has suggested following modifications prior to the consideration for approval. suggested modifications -Please resubmit the revised proposal with a covering letter, within three (03) months of this letter. Please underline all the changes in the proposal and indicate the changes in the covering letter in a table with four columns indicating reviewers comments, original wording, the responses/revisions and page numbers.

Thank you.

Yours sincerely,

Signature of the Secretary /Name of the Secretary / Secretary-REC/CINEC

	<p>Research Ethics Committee</p> <p>CINEC Campus</p>	
	<p><b>ANNEX 16 - Approval letter</b></p>	

*RC Reference Number*

*Date*

*Name of the Principal Investigator and the <Address of the Principal Investigator*

*Dear ..... Name of the Principal Investigator,*

**Title of the Proposal**

*Investigators:                      Names of the investigators*

Thank you for submitting the above research proposal. I am pleased to inform you that your study was approved by the REC at its meeting held on.....meeting date reviewed the following documents submitted by you.

Document	Version No	Submission Date
Protocol	version	date
Information sheet	version	date
Consent form-	version	date
Study Instrument	version	date

The approval is valid until one year from the meeting date stated above. You may make a written request for renewal/extension of the validity, along with the submission of a progress report.

Please note that you are required to inform the REC about the following:

- Any unanticipated events involving potential risks to study subjects
- Any deviations in protocol
- Any changes to the documents listed above

You are required to submit the final report to the CIINEC / REC with the following declaration:



*“the research was conducted in accordance with the proposal for which approval was granted by the REC of CINEC within three (03) months upon the completion of the study.*

Thank you.

Yours sincerely,

Signature of the Secretary  
Name of the Secretary  
Secretary REC/CINEC



	Research Ethics Committee	
	CINEC Campus	
<b>ANNEX 17 - Rejection Letter</b>		

*RC Reference Number*

*Date*

*Name of the Principal Investigator and the <Address of the Principal Investigator*

*Dear ..... Name of the Principal Investigator,*

**Title of the Proposal**

*Investigators:                      Names of the investigators*



Thank you for submitting the above research proposal. I regret to inform you that your study was NOT approved by the REC at its meeting held on..... meeting date reviewed the following documents submitted by you.

Document	Version No	Submission Date
Protocol	version	date
Information sheet	version	date
Consent form-	version	date
Study Instrument	version	date

Main reason/s for the decision is/are

You may submit a new application after addressing all above comments.

Thank you  
Sincerely  
Signature of the Secretary  
Name of the Secretary  
Secretary REC/CINEC

	Research Ethics Committee	
	CINEC Campus	
<b>ANNEX 18 - Progress report</b>		

REC ref number	
Title	

Details of principal investigator

Name of the principal investigator	
Address of the principal investigator	
Phone number	



Details of the study

Date of approval	
Study start date	
Progress report	
Progress to the date	
Maintenance and security of records	
Compliance with approved protocol	
Protocol deviation and violations	
Publication related to data gathered in this study	
Any other	

.....  
Signature PI

.....  
Date

Every 6 months this report should be submitted

	Research Ethics Committee CINEC Campus	
	<b>ANNEX 19 - Final Report</b>	

REC ref number	
Title	

Details of principal investigator

Name of the principal investigator	
Address of the principal investigator	
Phone number	

Details of the study

Date of approval	
Study start date	
Study end date	
Number of participants	
Main finding	
Protocol deviation and violations	
Publication presentations	
Any other	

.....  
Signature PI

.....  
Date